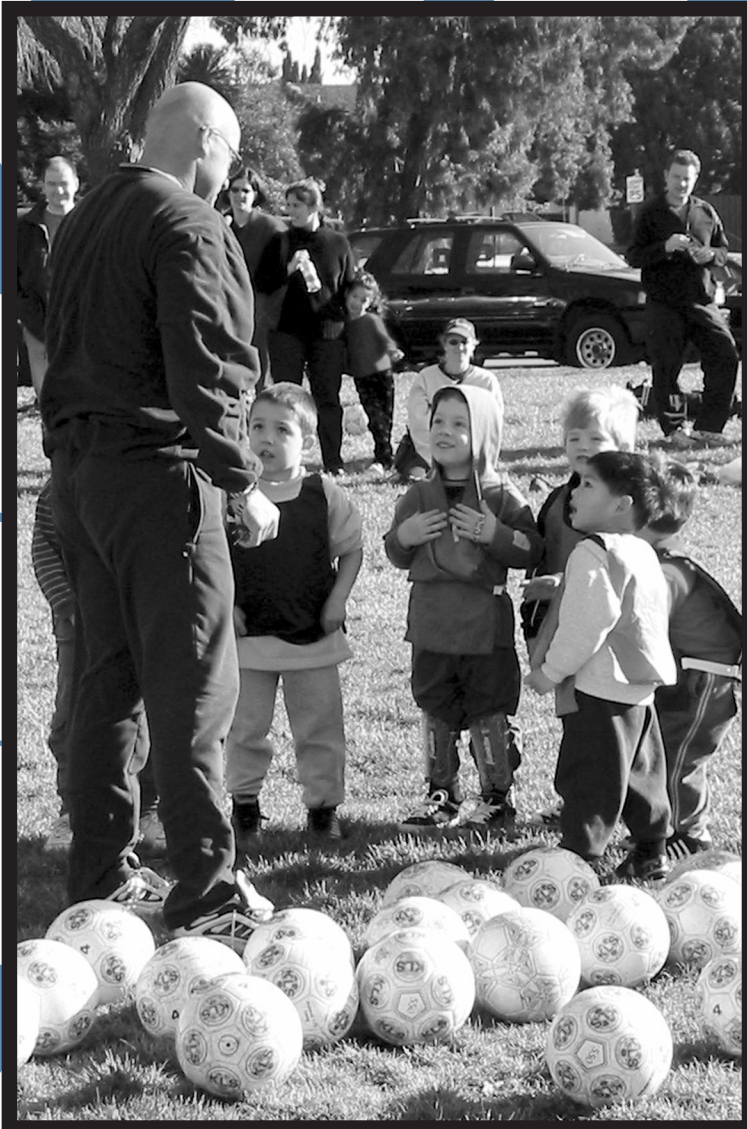


JUNE - AUGUST • 2002

# SUMMER

## RECREATION GUIDE



*Teens*

*Children*

*Adults*

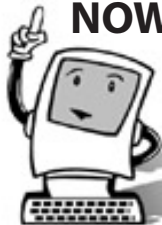


City of Morgan Hill  
Recreation Division

**"WE CREATE COMMUNITY THROUGH PEOPLE, PARKS AND PROGRAMS"**

# ON-LINE REGISTRATION

NOW AVAILABLE



Recently the City of Morgan Hill Recreation Division partnered with a website called Reclink.com to provide on-line registration for all classes offered in this guide. This resource will allow you to conduct searches for classes, sign-up and pay on-line from the convenience of your home computer.

To register for these classes, go to **www.Reclink.com** and follow the easy steps as outlined below:

1. Start by becoming a member - select the "Become a Member" link and follow the directions.
2. Login using your new user ID and Password - this will take you to your "Member Center".
3. Go to the "Dependents" tab and add children to your "Member Center".
4. Select the link that allows you to search for activities.
5. At the zip code box, enter 95037 and hit search.
6. Select Morgan Hill by putting a check mark in the box and selecting continue.
7. Click on the activity that you are interested in; this will take you to the overview page.
8. Click on the division that interests you; this will take you to the details behind this activity.
9. If you are interested, click the "Register" button to sign up.
10. Select the person you are registering and enter your credit card information- hit submit.
11. You may be asked to agree to a waiver form, read through it and if you are in agreement with the terms, proceed by hitting the "I Agree" link.
12. Congratulations, you are finished!

If you have any questions, or would like to give feedback, please call the Morgan Hill Recreation Division at 779-7271. Thanks for trying our new system.

## IMPORTANT INFORMATION

### CLASS LOCATIONS

#### MORGAN HILL

Community Park Tennis Courts - Edmundsen Avenue  
Diana Park - Diana Avenue  
MH Civic Center Modular, Villas Conference Room -  
17555 Peak Avenue.  
Gold's Gym - 685 Jarvis Street, phone 776-1617  
Jackson Park - Trail Drive  
Nordstrom Park - E. Dunne and Murphy Ave.  
Oak Creek Park - Watsonville Rd. and Excaliber  
Paradise Park - La Crosse Drive behind Paradise School  
Roses 4 U - 16500 Railroad Ave.

#### SAN JOSE

California Fencing Academy - 5289A Prospect Road, San Jose, CA 95129, phone 865-1950  
Coyote Creek Golf & Country Club - One Coyote Creek Golf Drive, San Jose

#### GILROY

Eagle Ridge Golf & Country Club - Santa Teresa Blvd. towards Gavilan College, 2951 Club Drive., Gilroy

#### MOSS LANDING

Kayak Connection - 2370 Highway 1, Moss Landing

### RECREATION SCHOLARSHIPS

Youth scholarships are available for any resident youth under 18 years of age who register for recreation classes and cannot afford the registration fee. Families must meet the low to moderate income standards for their family size. Scholarship amount will not exceed more than 90% of the charged fee.

### SHOE FUND

The shoe fund provides financial assistance up to \$50 to registered participants in need of appropriate footwear or gear in order to take part in a City sponsored class or activity. This program is sponsored by Youth and Teen Recreation Services, a committee of the CPRS District IV Board.

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## I CAN GYMNASTICS

Each week equipment will be incorporated into class: balance beam, bars, tumble mats, spring board, beach fun, balls, mailbox mat, trampoline, parachutes, jump ropes, hula hoops, and much more! Come dressed to participate and have fun!

**Instructor:** Dale Ann Vanderpool has been teaching gymnastics for over 15 years. She holds a National Safety Certification from the US Gymnastics Federation and specializes in motor development of children and also has an AA degree from Merced Community College in early childhood development. For more information call Dale at 782-6600.

Session 1: 6/5-6/26

Class 1: Wednesday Ages 4-6 Time: 3:15- 4:00pm

Class 2: Wednesday Ages 7-12 Time: 4:00-4:45pm

Session 2: 7/3-7/24

Class 1: Wednesday Ages 4-6 Time: 3:15-4:00pm

Class 2: Wednesday Ages 7-12 Time: 4:00-4:45pm

Session 3: 8/7-8/28

Class 1: Wednesday Ages 4-6 Time: 3:15-4:00pm

Class 2: Wednesday Ages 7-12 Time: 4:00-4:45pm

Preregister 1 week prior to start of class.

**Location:** Gold's Gym

**Fee:** \$45/ \$50 per session (ongoing sessions available)

A pass from Recreation Division is needed to enter class.

## INTRODUCTION TO FENCING

LEARN TO FENCE! Come explore your potential and create your fencing future at California Fencing Academy. Surround yourself with motivated, experienced, professional coaches and instructors. Achieve something that will change your life. SIGN UP EARLY! All fencing equipment is supplied. Students should come dressed in athletic shoes, and sweats. All classes are held at the California Fencing Academy, 5289A Prospect Rd., San Jose, CA 95129. For directions or other information call 408-865-1950 or visit <http://www.calfencingacademy.com>

**Ages:** 6 - 9

Class 1. Saturdays Time: 9:00-10:30am  
6/8 - 6/22, or 7/13 - 7/27 (3 wks. fee is \$60), or 8/3 - 8/24

Class 2. Tuesday & Thursday Time: 4:30-5:15pm  
6/4 - 6/27, or 7/9 - 7/25 (3 wks. fee is \$60), or 8/6 - 8/27

**Ages:** 10 - 12

Class 3. Monday & Wednesday Time: 4:30-5:15pm  
6/3 - 6/26, or 7/8 - 7/24 (3 wks. fee is \$60), or 8/5 - 8/28

Class 4. Fridays Time: 4:30-6:00pm  
6/7 - 6/28, or 7/12 - 7/26 (3 wks. fee is \$60), or 8/2 - 8/23

Class 5. Saturdays Times: 10:30am-12:00pm  
6/8 - 6/22, or 7/13 - 7/27 (3 wks. fee is \$60), or 8/3 - 8/24

Preregister 1 week prior to start date.

**Fee:** \$85/\$90 nonresident for 4 weeks or \$60/\$65 nonresident for 3 week session

**Location:** California Fencing Academy, San Jose

## MOMMIE AND ME TUMBLING FUN CLASS

(This class is taking a break for the summer but will be back in the fall.)

## JR. GOLF CLASS

Engage your child in one of the fastest growing sports in America. This 5 week class will teach golf fundamentals



such as: the grip, the stance, putting, chipping, and full swing. This is a great introduction to the sport or to review and practice what you have learned. Instructor: Mike Jones.

Saturday 6/8-7/6

Time: 11:00am-12:00pm

Preregister 1 week prior to start of class.

**Location:** Eagle Ridge Golf & Country Club

**Fee:** \$42/ \$47 nonresident, golf clubs are furnished

**Age:** 8-12

## MOTHER AND CHILD GOLF

Golf is one of the fastest growing sports in America, so don't be left behind; join this introductory class with your child. You will learn at an easy, fun pace, plus spend quality time together. Golf is fun to learn and share with kids.

Instructor: Scott Krause is a PGA Class A golf professional and director of instruction at Eagle Ridge Golf & Country Club.

Sunday 6/9-7/14 Time: 11:00am-12:00pm

Preregister 1 week prior to start of class.

**Location:** Eagle Ridge Golf & Country Club

**Fee:** \$48/ \$53 nonresident per mother/child combo.

Additional child must pay full fee. Golf Clubs are furnished.

## Coming to a park near you!

The City of Morgan Hill's  
**Recreation Van**  
Complete schedule on page 6.





## MUSIC TOGETHER



is a researched sound and movement approach to early childhood music designed for infants, toddlers, and children up to 4 years of age. Parents/ care givers and children sing, dance, and play simple instruments in a fun setting that expands everyone's enjoyment of music. Learning continues at home using songbooks and tapes/CD's developed for the program. **Instructor:** Michelle Moyer has been singing and performing for over 10 years. She has performed in Chorus

Line, 42nd Street, and Jesus Christ Superstar, and has a minor in music. **Free Demo Class** on Wednesday, 6/12, Time: 6:30pm in Villas Conference Room.

Class 1: Monday	6/17-7/22	Time: 10:30-11:15am
Class 2: Tuesday	6/18-7/23	Time: 10:30-11:15am
Class 3: Wednesday	6/19-7/24	Time: 6:30-7:15pm

Preregister 1 week prior to start of class.

**Location:** City Center Campus, Modular, Villas Conf. Room  
**Fee:** \$90/\$95 nonresident + \$35 material fee due the first day of class and paid to the instructor.

## KIDS YOGA

Kids will be extremely active during this fast paced 6 week class based on yoga animals and nature poses. This class will consist of developmentally appropriate physical activities and art activities with a multicultural flare. Children will learn songs, games and group poses taught by instructor Connie Blanchard.

Tuesdays 6/18 - 7/23

Class 1. Tuesday	<b>Ages:</b> 3-7	Time: 3:15-4:00pm
Class 2. Tuesday	<b>Ages:</b> 8-12	Time: 4:15-5:00pm

Preregister 1 week prior to start date.

**Fee:** \$55/\$60 nonresident

**Location:** Gold's Gym

A pass from the Recreation Division is needed to enter class.

## SAFER KIDS WITH EMERGENCY RESPONSE TRAINING (S.K.W.E.R.T.)

The S.K.W.E.R.T program teaches basic safety skills to children. This 'HANDS ON' training for kids, covers basic fire science and safety, little peoples first aid, stranger danger, earthquake safety, how to report an emergency using 911, home hazard hunt, firearm/weapon safety and more. Please bring a snack and water. No charge.

Class 1: Friday

**Ages:** 6-8 6/21 Time: 8:00-12:00pm

Class 2: Friday

**Ages:** 9-13 6/21 Time: 1:00pm-5:00pm

Preregister by June 14.

**Location:** MH Grange

**Instructor:** Debbie Simon, MHPD

## KIDZ LOVE SOCCER

is a noncompetitive soccer school where children learn to play the world's most popular sport. A 6-week session includes age appropriate activities such as: warm-ups, skill demonstrations, thematic progressions (drills) and recreational games. Instructor, Carlos Schulze, holds a national 'B' License through the USSF and played professionally for the Chilean National Team. Bring your tennis shoes and shin guards and be ready to have fun!

**6 Weeks:** \*No classes the week of July 4th.

Session 1: 6/22-8/3 Preregister by June 12.

Saturday Afternoon Classes:

Class 1: Tot Soccer (ages 3.5-4)	2:15-2:45pm
Class 2: Pre Soccer (ages 4-5)	2:45-3:20pm
Class 3: Soccer 1 (ages 5-6.9)	3:20-4:05pm
Class 4: Soccer 2 (ages 7-8.9)	4:05-4:50pm
Class 5: Soccer 3 (ages 9-12)	4:50-5:50pm

Session 2: 6/19-7/31

Wednesday Morning Classes:

Class 6: Tot Soccer (ages 3.5-4)	10:00-10:30am
Class 7: Pre Soccer (ages 4-5)	10:30-11:05am

Wednesday Afternoon Classes:

Class 8: Tot Soccer (ages 3.5-4)	2:15-2:45pm
Class 9: Pre Soccer (ages 4-5)	2:45-3:20pm
Class 10: Soccer 1 (ages 5-6.9)	3:20-4:05pm
Class 11: Soccer 2 (ages 7-8.9)	4:05-4:50pm
Class 12: Soccer 3 (ages 9-12)	4:50-5:50pm

Session 3: 6/10-6/14

Evening Soccer Camps:

Camp 1: Level 1 (ages 4-6 yrs)	\$72/\$77 5:00-6:30pm
Camp 2: Level 1 (ages 7-8 yrs)	\$98/\$103 6:00-8:00pm
Camp 3: Level 1 (ages 9-12 yrs)	\$98/\$103 6:00-8:00pm

Session 4: 8/5-8/9

Evening Soccer Camps:

Camp 4: Level 1 (ages 4-6 yrs)	\$72/\$77 5:00-6:30pm
Camp 5: Level 1 (ages 7-8 yrs)	\$98/\$103 6:00-8:00pm
Camp 6: Level 1 (ages 9-12 yrs)	\$98/\$103 6:00-8:00pm

Rain-out Hotline number 1-800-399-8111

**Location:** Paradise Park **Fee:** \$42/\$47 nonresident

## MH TENNIS CAMP

This tennis camp will be taught by local pros, Chris and Jennifer Yoder. Children will learn to increase their strokes, racquet handling skills, serve, scoring, mental skills and knowledge of the game. They will also enjoy tennis related games and social interaction. Please bring a tennis racquet, water and sunscreen.

Camp 1. Monday - Friday (preregister by June 10)	6/24 - 6/28 Time: 9:00am - 12:00pm
Camp 2. Monday - Friday (preregister by July 8)	7/22 - 7/26 Time: 9:00am - 12:00pm

**Ages:** 7-14

**Where:** Community Park Tennis Courts

**Fee:** \$150/\$155 nonresident



## BEGINNING AND INTERMEDIATE TENNIS FOR JRS.

A fun introduction or continuation for juniors who want to learn or increase the skills they have already learned. Curriculum will include stroke fundamentals, racquet handling skills, scoring, the serve and tennis related games. Dress for tennis. Bring racquet, water and sunscreen.

**Instructor:** Chris Yoder, USPTA certified

Session 1: Monday and Wednesday

Class 1: Beginning 7/1 & 7/3 Time: 9:00-10:30am

Class 2: Intermediate 7/1 & 7/3 Time: 10:30-12:00pm

Session 2: Monday and Wednesday

Class 3: Beginning 7/8 & 7/10 Time: 9:00-10:30am

Class 4: Intermediate 7/8 & 7/10 Time: 10:30-12:00pm

Session 3: Monday and Wednesday

Class 5: Beginning 7/15 & 7/17 Time: 9:00-10:30am

Class 6: Intermediate 7/15 & 7/17 Time: 10:30-12:00pm

Session 4: Monday and Wednesday

Class 7: Beginning 7/29 & 7/31 Time: 9:00-10:30am

Class 8: Intermediate 7/29 & 7/31 Time: 10:30-12:00pm

Session 5: Monday and Wednesday

Class 9: Beginning 8/12 & 8/14 Time: 9:00-10:30am

Class 10: Intermediate 8/12 & 8/14 Time: 10:30-12:00pm

Preregister 1 week prior to start date.

**Location:** Community Park Tennis Courts

**Fee:** \$30/ \$35 nonresident for two 1-1/2 hour classes

**Age:** 7-14

Rain-out number: 776-0909

## MINIHAWKS SPORT CAMP

This introductory sports program for children, promotes fun while developing skills. This camp will help eager minds explore three different sports: baseball, soccer and basketball. The Minihawks coaching staff is committed and trained to understand the special needs of young children. Campers will receive a mini-ball and t-shirt. Appropriate dress is t-shirt, shorts, sweats, socks, and running shoes. Bring shin guards, 2 snacks, water bottle, and sunscreen. Mark all belongings with name and phone number.

Class 1. Monday - Friday (preregister by July 1.)  
7/8 - 7/12 Time: 9am -12pm

Class 2. Monday-Friday (preregister by July 22.)  
8/5 -8/9 Time: 9am-12pm

**Ages:** 4-7

**Location:** Community Park, Baseball Fields

**Fee:** \$93/\$98 nonresident

## KID'S STREET JAM

is a class where kids can learn the newest moves and dances. Swing and break dancing will be added to the curriculum.

**Instructor:** Debbie Pardue

Class 1: Monday

**Ages:** 4-6 7/8-7/29 Time: 3:15-4:00pm

Class 2: Monday

**Ages:** 7-12 7/8-7/29 Time: 4:00-5:00pm

Preregister 1 week prior to start date.

**Location:** Gold's Gym

**Fee:** \$40/ \$45 nonresident

A pass from the Recreation Division is needed to enter class.

## INTRODUCTION TO PRESCHOOL IN THE PARK

This parent/child participation class meets once a week for 6 weeks at the new Oak Creek Park. The class is broken down into circle time, craft time, and music and movement. This class is geared for pre-school aged children and one of their parents. Instructor, Nancy Domnauer, will share ideas for art projects, music activities and children's literature that the whole family will enjoy. Nancy is a preschool teacher and former employee of the Children's Discovery Museum in San Jose.

Tuesday

7/9, 7/16, 7/23, 7/30, 8/6, & 8/13.

Time: 10 - 11am

Preregister 2 weeks prior to start date.

Register early, this is a very popular class.

**Ages:** 2.5 - 5.5 yrs.

**Fee:** \$42 per parent/child combo/nonresident \$47, plus a \$24 material fee due at first class and paid to the instructor.

**Location:** Oak Creek Park

## ARTS IN THE PARK

This hands-on art and craft class will introduce children to a variety of methods and materials for making beautiful arts and crafts. This class meets once per week for 6 weeks. Parents and children will participate together and learn art projects to enjoy at home. Instructor, Nancy Domnauer, is a preschool teacher and former employee of the Children's Discovery Museum in San Jose.

Wednesday 7/10, 7/17, 7/24, 7/31, 8/7, & 8/14.

**Ages:** 3-4 yrs.

Time: 9:30 - 10:15am

**Ages:** 5-6 yrs.

Time: 10:30 - 11:15am

Preregister 2 weeks prior to start date.

Register early, this is a very popular class.

If this class is full try preschool in the park.

**Fee:** \$36 parent/child combo/nonresident \$41. Plus a \$24 material fee due at first class and paid to the instructor.

**Location:** Diana Park

## INTRODUCTION TO WATERCOLOR

Young children will enjoy learning watercolor techniques, using watercolor paint, crayola, and pencils. During this 2 hour class, children will paint a different project each week using different mediums.

Saturday 7/13-7/27 Time: 10am-12pm

**Ages:** 8 + yrs.

Preregister one week prior to start date.

**Fee:** \$50/\$55 nonresident

**Material Fee:** \$8 due with registration fee.

**Location:** MH Civic Center Modular, Villas Conference Room

## RECREATION SCHOLARSHIPS

Youth scholarships are available for any resident youth under 18 years of age who register for recreation classes and cannot afford the registration fee. Families must meet the low to moderate income standards for their family size. Scholarship amount will not exceed more than 90% of the charged fee.





# Mobile Recreation Van

## IS BRINGING SUMMERTIME FUN

The New Mobile Recreation Van will be at several City Parks this summer. Recreation Leaders will lead children in activities that are social, fun and interactive. There will be art, sports, games and more to keep children active and interested in the great outdoors. Equipment is also available to check out. Join in on the fun. (Children under 6 must be accompanied by an adult)



**Ages:** 6-10 **Fee:** ½ day is \$3/\$5 nonresident, full day is \$5/\$7 nonresident or full week is \$17/\$19 nonresident  
Preregister 1 week prior to start of program by calling the recreation division 779-7271.

Week #1. Mon.-Thurs., June 17-20			
Monday 6/17 Location: Paradise Park, La Crosse Dr. Time: 9-11am Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 1-3pm	Tuesday 6/18 Location: Nordstrom Park, E. Dunne & Murphy Ave. Time: 9-11am Location: Jackson Park, Trail Dr. Time: 1-3pm	Wednesday 6/19 Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 9-11am Location: Village Avante Apartment Complex, 16480 Del Monte Ave. Time: 1-3pm	Thursday 6/20 Location: Jackson Park, Trail Dr. Time: 9-11am Location: Nordstrom Park, E. Dunne & Murphy Ave. Time: 1-3pm
Week #2. Mon.-Thurs., June 24-27			
Monday 6/24 Location: Paradise Park, La Crosse Dr. Time: 9-11am Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 1-3pm	Tuesday 6/25 Location: Jackson Park, Trail Dr. Time: 9-11am Location: Nordstrom Park, E. Dunne & Murphy Ave. Time: 1-3pm	Wednesday 6/26 Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 9-11am Location: Village Avante Apartment Complex, 16480 Del Monte Ave. Time: 1-3pm	Thursday 6/27 Location: Nordstrom Park, E. Dunne & Murphy Ave. Time: 9-11am Location: Jackson Park, Trail Dr. Time: 1-3pm
JULY 1-4 No Programming			
Week #3. Mon.-Thurs., July 8-11			
Monday 7/8 Location: Paradise Park, La Crosse Dr. Time: 9-11am Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 1-3pm	Tuesday 7/9 Location: Jackson Park, Trail Dr. Time: 9-11am Location: Nordstrom Park, E. Dunne & Murphy Ave. Time: 1-3pm	Wednesday 7/10 Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 9-11am Location: Village Avante Apartment Complex, 16480 Del Monte Ave. Time: 1-3pm	Thursday 7/11 Location: Paradise Park, La Crosse Dr. Time: 9-11am Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 1-3pm
Week #4. Mon.-Thurs., July 15-18			
Monday 7/15 Location: Nordstrom Park, E. Dunne & Murphy Ave. Time: 9-11am Location: Jackson Park, Trail Dr. Time: 1-3pm	Tuesday 7/16 Location: Paradise Park, La Crosse Dr. Time: 9-11am Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 1-3pm	Wednesday 7/17 Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 9-11am Location: Village Avante Apartment Complex, 16480 Del Monte Ave. Time: 1-3pm	Thursday 7/18 Location: Jackson Park, Trail Dr. Time: 9-11am Location: Nordstrom Park, E. Dunne & Murphy Ave. Time: 1-3pm
Week #5. Mon.-Thurs., July 22-25			
Monday 7/22 Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 9-11am Location: Paradise Park, La Crosse Dr. Time: 1-3pm	Tuesday 7/23 Location: Nordstrom Park, E. Dunne & Murphy Ave. Time: 9-11am Location: Jackson Park, Trail Dr. Time: 1-3pm	Wednesday 7/24 Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 9-11am Location: Village Avante Apartment Complex, 16480 Del Monte Ave. Time: 1-3pm	Thursday 7/25 Location: Paradise Park, La Crosse Dr. Time: 9-11am Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 1-3pm
Week #6. Mon.-Thurs., July 29-Aug 1			
Monday 7/29 Location: Jackson Park, Trail Dr. Time: 9-11am Location: Nordstrom Park, E. Dunne & Murphy Ave. Time: 1-3pm	Tuesday 7/30 Location: Paradise Park, La Crosse Dr. Time: 9-11am Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 1-3pm	Wednesday 7/31 Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 9-11am Location: Village Avante Apartment Complex, 16480 Del Monte Ave. Time: 1-3pm	Thursday 8/1 Location: Paradise Park, La Crosse Dr. Time: 9-11am Location: Oak Creek Park, Watsonville Rd. & Excaliber Dr. Time: 1-3pm

## SKYHAWKS SOCCER CAMP

The soccer camp will focus on fundamental skill building using fun games and exercises. Beginning and intermediate level players will improve their soccer skills and learn new techniques and tactics, through small group activities and scrimmages. Campers will receive a T-shirt, soccer ball and player evaluation. Please bring shin guards, snack, lunch and water.

Monday - Friday 7/15 - 7/19 Time: 9am - 3pm

Preregister by July 1.

**Ages:** 6-12

**Location:** Nordstrom Park

**Fee:** \$104/ \$109 nonresident

## KISS (KIDS INTO SPEAKING SPANISH) CAMP

This week long camp is designed to introduce children to the wonders of the Latin culture and to begin a journey in learning to speak the Spanish language. Music, games, activities, food and dance make this an exciting week long adventure in a Latin experience. This camp will help to prepare your child for a bi-lingual world.

Camp Days: Monday thru Friday, July 29 - August 2

**Ages:** 5 - 8yrs.

Time: 8:30am-12:00pm

**Ages:** 9 - 13yrs.

Time: 1:00pm-4:30pm

Preregister 1 week prior to start date.

**Fee:** \$110/\$115 nonresident

**Lab Fee:** \$30 paid with registration fee.

**Location:** MH Civic Center Modular, Villas Conference Room

## SKYHAWKS BASKETBALL CAMP

Skyhawks basketball program promotes fun and skill development through team play and individual drills in a noncompetitive environment. Beginning and intermediate level players will learn new skills while refining passing, shooting, and dribbling techniques. Campers receive a T-shirt, basketball and player evaluation. Bring water, snack and lunch. Wear basketball or running shoes, no black soled shoes.

Monday -Friday 7/29 - 8/2 Time: 9am-3pm

Preregister by July 15.

**Ages:** 7-14

**Location:** Britton Middle School

**Fee:** \$104/ \$109 nonresident

## KIDS KICKBOXING

In this fun class, kids will learn kicks, punches, and other combinations used in martial arts and boxing, plus get some physical exercise away from the TV and computer. Instructor and master boxer, Lejon Guillory, will teach sports conditioning games to improve agility, quickness, endurance and fitness.

Tuesdays 7/30 - 8/20 Time: 4-5pm

Preregister 1 week prior to start date.

**Ages:** 6-12

**Fee:** \$40/\$45 nonresident

**Location:** Gold's Gym

A pass from the Recreation Division is needed to enter class.

## SKYHAWKS TENNIS CAMP

This class will develop fundamental skills such as: the grip, footwork, groundstrokes, volley, and serves. The basic rules and etiquette will be covered. Fun games and drills will be used to aid the participants in improving their skills. Campers will receive a t-shirt and player evaluation. Please bring a tennis racket, a snack, water, and wear tennis shoes.

Monday - Friday 8/5 - 8/9 Time: 9am-12pm

Preregister by July 29.

**Ages:** 7-14

**Location:** Community Park, W. Edmundson Ave.

**Fee:** \$93/\$98 nonresident

## MH LIBRARY SUMMER HOURS OF OPERATION

Monday & Tuesday: 1pm - 9pm

Wednesday & Thursday: 10am - 9pm

Friday & Saturday: 10am - 6pm

Program for Preschooler:

Bedtime Stories(all ages), Wednesdays, 7pm (year round)

Toddler Stories (2-3 yr. olds), Thursdays, 10am (year round)

Preschool Stories (3-5 yr. olds), Thursday, 10:45am (year round)

Summer Reading Club (grades 1-6)

Everyone who reads 8 or more books and turns in a folder to track what they have read, will receive a certificate and a free book in August. Sign-ups start June 17.

Summer Reading Club (grades 1-6)

Will include stories, puppets, crafts, performers, and other activities.

Wednesday, June 26 - August 7, at 2pm

**Location:** Morgan Hill Library

Call the library for more information 779-3196

### Morgan Hill Community & Cultural Center

COMING SOON

Julie Spears,  
Recreation  
Manager, at the  
construction site  
located at East  
Dunne Ave. and  
Monterey Rd.



For a progress report and webcam:  
[www.morgan-hill.ca.gov/whatsnew.htm](http://www.morgan-hill.ca.gov/whatsnew.htm)



## POWER YOGA

A flowing series of choreographed postures that are synchronized with the breath. This is an aerobic, full-body workout that builds strength, flexibility and balance while detoxifying and destressing the body and mind. Changing rooms are available at the gym.

### Session 1:

Class 1: Saturday	6/1-6/22	Time: 8:30-9:30am
Class 2: Saturday	7/6-7/27	Time: 8:30-9:30am
Class 3: Saturday	8/3-8/24	Time: 8:30-9:30am

### Session 2:

Class 4: Tuesday	6/4-6/25	Time: 12:00-1:00pm
Class 5: Tuesday	7/8-7/30	Time: 12:00-1:00pm
Class 6: Tuesday	8/6-8/27	Time: 12:00-1:00pm

Preregister 1 week prior to start of class.

**Location:** Gold's Gym

**Fee:** \$40/ \$45 nonresident per 4 week session, 3 months for \$100/\$105 nonresident

**Age:** 13+

A pass from the Recreation Division is needed to enter class.

## IMX PILATES

Drama improves strength, flexibility, coordination, and posture as well as breath awareness by creating body awareness from your core. It creates a body that is long and lean with slender thighs, a flat stomach and strong back. The workout is surprisingly relaxing and revitalizing. It's gentle

enough for those just beginning a fitness regimen, yet challenging enough for the super fit. It is a program that works for everyone, regardless of age or condition. Changing rooms are available at the gym.

### Session 1:

Class 1: Monday	6/3-6/24	Time: 5:30-6:30pm
Class 2: Monday	7/1-7/22	Time: 5:30-6:30pm
Class 3: Monday	8/5-8/26	Time: 5:30-6:30pm

### Session 2:

Class 4: Tuesday	6/4-6/25	Time: 9:00-10:00am
Class 5: Tuesday	7/2-7/23	Time: 9:00-10:00am
Class 6: Tuesday	8/6-8/27	Time: 9:00-10:00am

### Session 3:

Class 7: Thursday	6/6-6/27	Time: 12:00-1:00pm
Class 8: Thursday	6/6-6/27	Time: 7:00-8:00pm
Class 9: Thursday	7/11-8/1	Time: 12:00-1:00pm
Class 10: Thursday	7/11-8/1	Time: 7:00-8:00pm
Class 11: Thursday	8/8-8/29	Time: 12:00-1:00pm
Class 12: Thursday	8/8-8/29	Time: 7:00-8:00pm

Preregister 1 week prior to start of class.

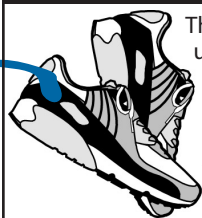
**Location:** Gold's Gym

**Fee:** \$40/ \$45 nonresident per 4 week session, 3 months for \$100/\$105

**Age:** 13+

A pass from the Recreation Division is needed to enter class.

## SHOE FUND



The shoe fund provides financial assistance up to \$50 to registered participants in need of appropriate footwear or gear in order to take part in a City sponsored class or activity. This program is sponsored by Youth and Teen Recreation Services, a committee of the CPRS District IV Board.

## YOGA STRETCH

A great class for the introduction of yoga poses that explores new ways of stretching, relaxing, and invigorating the body and mind. Melanie will help you move into stretches and flexibility moves. Changing rooms are available at the gym.

Class 1: Tuesday	6/4-6/25	Time: 7:00-8:00pm
Class 2: Tuesday	7/2-7/23	Time: 7:00-8:00pm
Class 3: Tuesday	8/6-8/27	Time: 7:00-8:00pm

Preregister 1 week prior to class.

**Location:** Gold's Gym

**Fee:** \$40/ \$45 nonresident per 4 week session, 3 months for \$100/\$105 nonresident

**Age:** 13+

A pass from the Recreation Division is needed to enter class.

## INTRODUCTION TO FENCING

LEARN TO FENCE! Come explore your potential and create your fencing future at California Fencing Academy. Surround yourself with motivated, experienced, professional coaches and instructors. Achieve something that will change your life. Classes begin the first of each month. SIGN UP EARLY! All fencing equipment is supplied. Students should come dressed in athletic shoes and sweats. All classes are held at the California Fencing Academy, 5289A Prospect Rd., San Jose, CA 95129. Call 408-865-1950 with questions or for directions, or visit <http://www.calfencingacademy.com>.

**Ages:** 13

Class 1. Monday & Wednesday	Time: 4:30-5:15pm
6/3 - 6/26, or 7/8 - 7/24 (3 wks. fee is \$60), or 8/5 - 8/28	
Class 2. Friday	Time: 4:30-6pm
6/7 - 6/28, or 7/12 - 7/26 (3 wks. fee is \$60), or 8/2 - 8/23	
Class 3. Saturday	Times: 10:30am-12:00pm
6/8 - 6/22, or 7/13 - 7/27 (3 wks. fee is \$60), or 8/3 - 8/24	

**Ages:** 14- 17

Class 4. Tuesday & Thursday	Time: 7:30-8:15pm
6/4 - 6/27, or 7/9 - 7/25 (3 wks. fee is \$60), or 8/6 - 8/27	
Class 5. Friday	Time: 6:00-7:30pm
6/7 - 6/28, or 7/12 - 7/26 (3 wks. fee is \$60), or 8/2 - 8/23	
Class 6. Saturday	Time: 12:00-1:30pm
6/8 - 6/22, or 7/13 - 7/27 (3 wks. fee is \$60), or 8/3 - 8/24	

Preregister 1 week prior to start date.

**Fee:** \$85/\$90 nonresident for 4 weeks or \$60/\$65 nonresident for 3 week session

**Location:** California Fencing Academy, San Jose

## INYENGAR YOGA

Emphasizes precision and holding of the poses. Detailed instruction deepens the awareness of movement and alignment in each posture. This 75 minute class will totally relax the mind and body. Instructor Lee Blanchard has been studying yoga for 23 years and teaches students to stretch and relax. Changing rooms are available at the gym.

Class 1: Wednesday	6/5-6/26	Time: 5:15-6:30pm
Class 2: Wednesday	7/3-7/24	Time: 5:15-6:30pm
Class 3: Wednesday	8/7-8/28	Time: 5:15-6:30pm

Preregister 1 week prior to start of class.

**Location:** Gold's Gym

**Fee:** \$40/ \$45 nonresident per 4 week session or 3 months for \$100/ \$105 nonresident

**Age:** 13+

A pass from the Recreation Division is needed to enter class.





## INTRODUCTION TO WEIGHT TRAINING

If you are looking to start a weight training program and don't know where to begin, this class is for you. Learn proper form, body alignment, breathing techniques and how to receive maximum muscular benefits. This class focuses on upper body, lower body, abdominal, and vascular training. Class meets one hour per week for three weeks. Instructor, Karen Frost, has a master's degree in Physical Education and Fitness Management. She is a certified personal trainer and a lifestyle and weight management consultant. Register early, class is limited to 8.

Class 1: Wednesday	6/5-6/19	Time: 6:00-7:00am
Class 2: Monday	6/24-7/8	Time: 6:00-7:00am
Class 3: Wednesday	7/18-8/1	Time: 9:00-10:00am
Class 4: Tuesday	8/6-8/20	Time: 12:00-1:00pm

Preregister 1 week prior to start of class.

**Location:** Gold's Gym

**Ages:** 16+

**Fee:** \$50/\$55 nonresident (\$45 for Gold's members)

A pass from the Recreation Division is needed to enter class.

## INTERMEDIATE AND ADVANCED YOGA

Explore new moves and ways to relax and stretch beyond your imagination. Instructor Jonathan Han has been practicing yoga for 15 years. He was raised in Taiwan and learned many yoga practices from his family. Changing rooms are available at the gym. Some yoga experience required.

Class 1: Friday	6/7-6/23	Time: 6:00-7:15pm
Class 2: Friday	7/5-7/26	Time: 6:00-7:15pm
Class 3: Friday	8/2-8/23	Time: 6:00-7:15pm

Preregister 1 week prior to start of class.

**Location:** Gold's Gym

**Fee:** \$40/ \$45 nonresident per 4 week session, 3 months for \$100/ \$105 nonresident

**Age:** 13 +

A pass from the Recreation Division is needed to enter class.

## JR. GOLF CLASS

Engage your child in one of the fastest growing sports in America. This 5-week class will teach golf fundamentals such as: the grip, the stance, putting, chipping, and full swing. This is a great introduction to the sport or to review and practice what you have learned. Instructor: Mike Jones.

Saturday	6/8-7/6	Time: 11:00am-12:00pm
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Preregister 1 week prior to start of class.

**Location:** Eagle Ridge Golf & Country Club

**Fee:** \$42/ \$45 nonresident

**Age:** 12-15

Golf clubs will be furnished.

## MH LIBRARY SUMMER HOURS OF OPERATION

Monday & Tuesday: 1pm - 9pm • Wednesday & Thursday: 10am - 9pm • Friday & Saturday: 10am - 6pm  
TEEN SUMMER READING CLUB

**Grades:** 7-12 **Location:** MH Library • Call the library for more information 779-3196

## MH TENNIS CAMP

This tennis camp will be taught by local pros, Chris and Jennifer Yoder. Teens will learn to increase their strokes, racquet handling skills, serve, scoring, mental skills and knowledge of the game. They will also enjoy tennis related games and social interaction. Please bring a tennis racquet, water and sunscreen.

Camp 1: Monday - Friday (preregister by June 10)  
6/24-6/28 Time: 9am - 12pm

Camp 2: Monday - Friday (preregister by July 8)  
7/22-7/26 Time: 9am - 12pm

**Ages:** 13-14

**Where:** Community Park Tennis Courts

**Fee:** \$150/\$155 nonresident

## CIRCUIT TRAINING

Get the most out of your one hour work-out. Learn a complete weight training routine, interspersed with cardiovascular exercise. This class meets twice per week. Register early, class size is limited to 8.

Tuesday- Thursday 6/25-7/16 (no class July 4)  
Time: 10:00-11:00am

Preregister 1 week prior to start of class.

**Ages:** 16 +

**Fee:** \$50/\$55 nonresident (\$45 for Gold's members)

**Location:** Gold's Gym

A pass from the Recreation Division is needed to enter class.

## BEGINNING AND INTERMEDIATE TENNIS FOR JRS.

is a fun introduction or continuation for juniors who want to learn or increase the skills they have already learned. Curriculum will include stroke fundamentals, racquet handling skills, scoring, the serve and tennis related games. Dress for tennis, bring racquet, water, and sunscreen. Instructor: Chris Yoder is USPTA certified.

Session 1: Monday and Wednesday

Class 1: Beginning 7/1 & 7/3 Time: 9:00-10:30am

Class 2: Intermediate 7/1 & 7/3 Time: 10:30-12:00pm

Session 2: Monday and Wednesday

Class 3: Beginning 7/8 & 7/10 Time: 9:00-10:30am

Class 4: Intermediate 7/8 & 7/10 Time: 10:30-12:00pm

Session 3: Monday and Wednesday

Class 5: Beginning 7/15 & 7/17 Time: 9:00-10:30am

Class 6: Intermediate 7/15 & 7/17 Time: 10:30-12:00pm

Session 4: Monday and Wednesday

Class 7: Beginning 7/29 & 7/31 Time: 9:00-10:30am

Class 8: Intermediate 7/29 & 7/31 Time: 10:30-12:00pm

Session 5: Monday and Wednesday

Class 9: Beginning 8/12 & 8/14 Time: 9:00-10:30am

Class 10: Intermediate 8/12 & 8/14 Time: 10:30-12:00pm

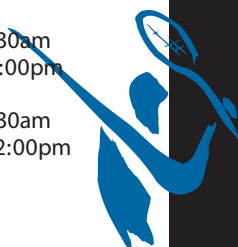
Preregister 1 week prior to start of class.

**Location:** Community Park Tennis Courts

**Fee:** \$30/ \$35 nonresident for two 1 hour classes

**Age:** 12-14

Rain-out number: 776-0909



## ANGELS GALORE CRAFT CLASS

This class will show a variety of crafted angels. You will get 2 ornaments to work on, plus be able to pick 2 or 3 other projects from a flock of angels. Samples include: potpourri angel, several ornaments, stuffed bear angel, an angel banner, decorations, and angel cards and tags.

Class 1: Thursday 7/11 Time: 11:00-1:00pm  
Class 2: Thursday 7/25 Time: 6:30-8:30pm

Preregister 2 weeks prior to start date.

**Ages:** 12 and up

**Fee:** \$15/\$20 nonresident

**Material fee:** \$15 due with registration fee.

**Location:** MH Civic Center Modular Villas Conference Room

## SKYHAWKS SOCCER CAMP

The soccer camp will focus on fundamental skill building using fun games and exercises. Through small group activities and scrimmages, beginning and intermediate level players will improve their soccer skills and learn new techniques and tactics. Campers will receive a T-shirt, soccer ball and player evaluation. Please bring shin guards, lunch and water.

Monday - Friday 7/15-7/19 Time: 9:00am-3:00pm

Preregister by July 1.

**Ages:** 13-14

**Location:** Nordstrom Park

**Fee:** \$104/ \$109 nonresident

## SKYHAWKS BASKETBALL CAMP

Skyhawks basketball program promotes fun and skill development through team play and individual drills in a noncompetitive environment. Beginning and intermediate level players will learn new skills while refining passing, shooting and dribbling techniques. Campers receive a T-shirt, basketball and player evaluation. Bring water, snack, and lunch. Wear basketball or running shoes, no black soled shoes.

Monday - Friday 7/29-8/2 Time: 9am -3 pm

Preregister by July 15.

**Ages:** 13-14 **Location:** Britton Middle School

**Fee:** \$104/ \$109 nonresident

## SKYHAWKS TENNIS CAMP

This class will develop fundamental skills such as: the grip, footwork, groundstrokes, volley, and serves. The basic rules and etiquette will be covered. Fun games and drills will be used to aid the participants in improving their skills. Campers will receive a t-shirt and player evaluation. Please bring a tennis racket, a snack, water, and wear tennis shoes.

Monday - Friday 8/5-8/9 9am-12pm

Preregister by July 29

**Ages:** 13-14 **Location:** Community Park, W. Edmundson Ave.

**Fee:** \$93/\$98 nonresident

If you are interested in serving on the permanent Skate Park or BMX Park Committee, please call the Recreation Division 779-7271



### Park Hours:

10:00am until sunset.

The Skate Park may be closed at other times due to weather, maintenance, or City sponsored events.

### Location:

Butterfield next to the Cal-Train Parking Lot.

For more information please contact the Recreation Division at 779-7271.

Violators of the above rules may be cited, asked to leave or cause temporary closure of the park M.H.M.C. 12.20.095.

City of Morgan Hill

INTERIM

# Skate Park

AND

# BMX Park

Please use  
the park safely  
and at  
your own risk!

**Safety Rules:**

- \* Safety helmets, elbow and knee pads must be worn at all times.
- \* The Skate Park facility is for skateboarding or rollerblading only.
- \* No bicycles or scooters in the park at any time.
- \* No smoking, alcoholic beverages or drugs permitted at any time.
- \* No food or drink in the skating area.
- \* No animals allowed in the park at any time.
- \* No graffiti, tagging or defacing of any kind permitted.
- \* No amplified music without a special permit.
- \* No moving elements or adding elements without

☐ prior consent of the City Public Works Dept.

## Youth Advisory Committee



Live Oak High School students and members of the Youth Advisory Committee planted daffodils at Community park. For information about other community service projects, call the Recreation Department.

## ELKHORN SLOUGH 3 HOUR KAYAK TOUR

Come and join us for a fun-filled, 3 hour tour of the Elkhorn Slough. We'll look for sea otters, harbor seals, and other cool creatures. A trained history guide will facilitate this wonderful group experience. Dress warmly in layers; it is not advisable to wear cotton. Wool or synthetic materials such as polyester fleece are strongly recommended. Bring hat, sunscreen, sunglasses snack, water, and change of clothing. A kayak, paddle, life jacket, spray skirt, and paddling jacket will be provided. No previous kayaking experience is necessary.

Class 1: Wed or Fri	6/19-8/30	Time: 10:00am-1:00pm
Class 2: Mon or Wed	June-Aug	Time: 10:00am-1:00pm
Class 3: Wed or Fri	6/19-8/30	Time: 5:30pm-8:30pm

Preregister 1 week prior to event day.

**Ages:** Adults; children 8+ must be accompanied by a parent.

**Location:** Kayak Connection, 2370 Highway 1, Moss Landing

**Fee:** \$18 per person, \$25 material fee per person to be paid to Kayak Connection on tour date.

Contact (831) 724-5692 for more information

## SAILING IN MOSS LANDING

The Kayak Connection is your sailing connection, too! With the wonderful sailing possibilities available to us in the Monterey Bay, no season would be complete without learning to sail. The introduction class will get you familiar with sailboats, while our safety class will teach preparation and safety procedures. This class will focus on basic skills such as: rigging, terminology, proper clothing, launching, landing, and reefing. Please bring a snack, water, towel, and change of clothes. Wear a swim suit and water shoes. Wet suits will be provided, if needed.

**When:** Every Saturday in June - August

**Time:** 10:00am-1:00pm & 2:00pm-5:00pm

Preregister 1 week prior to start of class.

**Location:** Kayak Connection, 2370 Hwy 1, Moss Landing

**Fee:** \$18 per person, \$30 material fee per person payable to Kayak Connection on the day of class

For more information call (831)-724-5692

## POWER YOGA

A flowing series of choreographed postures synchronized with the breath. This is an aerobic full body work-out that builds strength, flexibility and balance while detoxifying and destressing the body and mind. Changing rooms are available at the gym.

### Session 1:

Class 1: Saturday	6/1-6/22	Time: 8:30-9:30am
Class 2: Saturday	7/6-7/27	Time: 8:30-9:30am

### Session 2:

Class 1: Wednesday	6/5-6/26	Time: 12:00-1:00pm
Class 2: Wednesday	7/3-7/24	Time: 12:00-1:00pm
Class 3: Wednesday	8/7-8/28	Time: 12:00-1:00pm

Preregister 1 week prior to start of class

**Location:** Gold's Gym

**Fee:** \$40/ \$45 nonresident per 4 week session, 3 months for \$100/\$105 nonresident

A pass from the Recreation Division is needed to enter class.

## MONDAY NIGHT OPEN PLAY TENNIS

The Community Park Tennis Courts have been resurfaced and are ready for play. If you want to join a group of folks who love to play tennis then drop by. No charge, just have fun.

Monday 6/3-8/26  
(weather permitting) at 6:30pm

## IMX PILATES

Drama improves strength, flexibility, coordination, and posture as well as breath awareness by creating body awareness from your core. It creates a body that is long and lean with slender thighs, a flat stomach, and strong back. The workout is surprisingly relaxing and revitalizing. It's gentle enough for those just beginning a fitness regimen, yet challenging enough for the super fit. It is a program that works for everyone, regardless of age or condition.

Changing rooms are available at the gym.

### Session 1:

Class 1: Monday	6/3-6/24	Time: 5:30-6:30pm
Class 2: Monday	7/1-7/22	Time: 5:30-6:30pm
Class 3: Monday	8/5-8/26	Time: 5:30-6:30pm

### Session 2:

Class 4: Tuesday	6/4-6/25	Time: 9:00-10:00am
Class 5: Tuesday	7/2-7/23	Time: 9:00-10:00am
Class 6: Tuesday	8/6-8/27	Time: 9:00-10:00am

### Session 3:

Class 7: Thursday	6/6-6/27	Time: 12:00-1:00pm
Class 8: Thursday	6/6-6/27	Time: 7:00-8:00pm
Class 9: Thursday	7/11-8/1	Time: 12:00-1:00pm
Class 10: Thursday	7/11-8/1	Time: 7:00-8:00pm
Class 11: Thursday	8/8-8/29	Time: 12:00-1:00pm
Class 12: Thursday	8/8-8/29	Time: 7:00-8:00pm

Preregister 1 week prior to start of class.

**Location:** Gold's Gym

**Fee:** \$40/ \$45 nonresident per 4 week session, 3 months for \$100/\$105

**Age:** 13+

A pass from the Recreation Division is needed to enter class.





## INTRODUCTION TO FENCING

LEARN TO FENCE! Come explore your potential and create your fencing future at California Fencing Academy. Surround yourself with motivated, experienced, professional coaches and instructors. Achieve something that will change your life. Classes begin the first of each month. SIGN UP EARLY! All fencing equipment is supplied. Students should come dressed in athletic shoes and sweats. All classes are held at the California Fencing Academy, 5289A Prospect Rd., San Jose, CA 95129. Call 408-865-1950 with questions or directions, or visit <http://www.calfencingacademy.com>

Class 1: Tuesday & Thursday Time: 7:30 - 8:15pm  
6/4-6/27, or 7/9-7/25 (3 wks. fee is \$60), or 8/6-8/27  
Class 2: Friday Time: 6 - 7:30pm  
6/7-6/28, or 7/12-7/26 (3 wks. fee is \$60), or 8/2-8/23  
Class 3: Saturday Time: 12 - 1:30pm  
6/8-6/22, or 7/13-7/27 (3 wks. fee is \$60), or 8/3-8/24

Preregister 1 week prior to start date.

**Fee:** \$85/\$90 nonresident for 4 weeks or \$60/\$65 nonresident for 3 week session

**Location:** California Fencing Academy, San Jose

## YOGA STRETCH

A great class for the introduction of yoga poses that explore new ways of stretching, relaxing, and invigorating the body and mind. Melanie will help you move into stretches and flexibility moves. Changing rooms are available at the gym.

Class 1: Tuesday 6/4-6/25 Time: 7:00-8:00pm  
Class 2: Tuesday 7/2-7/23 Time: 7:00-8:00pm  
Class 3: Tuesday 8/6-8/27 Time: 7:00-8:00pm

Preregister 1 week prior to class.

**Location:** Gold's Gym

**Fee:** \$40/ \$45 nonresident per 4 week session, 3 months for \$100/\$105 nonresident

A pass from the Recreation Division is needed to enter class.

## INYENGAR YOGA

Emphasizes precision and holding of the poses. Detailed instruction deepens the awareness of movement and alignment in each posture. This class is 75 minutes in duration and will totally relax the mind and body. Instructor Lee Blanchard has been studying yoga for 23 years and teaches students to stretch and relax. Changing rooms are available at the gym.

Class 1: Wednesday 6/5-6/26 Time: 5:15-6:30pm  
Class 2: Wednesday 7/3-7/24 Time: 5:15-6:30pm  
Class 3: Wednesday 8/7-8/28 Time: 5:15-6:30pm

Preregister 1 week prior to start of class.

**Location:** Gold's Gym

**Fee:** \$40/ \$45 nonresident per 4 week session or 3 months for \$100/ \$105 nonresident

A pass from the Recreation Division is needed to enter class.

## INTRODUCTION TO WEIGHT TRAINING

If you are looking to start a weight training program and don't know where to begin, this class is for you. Learn proper form, body alignment, breathing techniques and how to receive maximum muscular benefits. This class focuses on upper body, lower body, abdominal, and cardiovascular training. Class meets one hour per week for three weeks. Register early, class is limited to 8. Instructor, Karen Frost, has a master's degree in Physical Education and Fitness Management. She is a certified personal trainer, and lifestyle and weight management consultant.

Class 1: Wednesday 6/5-6/19 Time: 6:00-7:00am  
Class 2: Monday 6/24-7/8 Time: 6:00-7:00am  
Class 3: Wednesday 7/18-8/1 Time: 9:00-10:00am  
Class 4: Tuesday 8/6-8/20 Time: 12:00-1:00pm.

Preregister 1 week prior to start of class.

**Fee:** \$50/\$55 nonresident (\$45 for Gold's members)

**Location:** Gold's Gym

A pass from the Recreation Division is needed to enter class.

## YOGA WITH DOLORES

Explore new moves and ways to relax and stretch beyond your imagination.

Class 1: Thursday 6/6-6/27 Time: 9:00-10:15am  
Class 2: Thursday 7/11-8/1 Time: 9:00-10:15am  
Class 3: Thursday 8/8-8/29 Time: 9:00-10:15am

Preregister 1 week prior to start of class.

**Location:** Gold's Gym

**Fee:** \$40/\$45 nonresident per 4 week session or all three for \$100/\$105 nonresident

A pass from the Recreation Division is needed to enter class.

## INTERMEDIATE AND ADVANCED YOGA

Explore new moves and ways to relax and stretch beyond your imagination. Instructor Jonathan Han has been practicing yoga for 15 years. He was raised in Taiwan and learned many yoga practices from his family. Changing rooms are available at the gym. Some yoga experience required.

Class 1: Friday 6/7-6/28 Time: 6:00-7:15pm  
Class 2: Friday 7/5-7/26 Time: 6:00-7:15pm  
Class 3: Friday 8/2-8/23 Time: 6:00-7:15pm

Preregister 1 week prior to start of class.

**Location:** Gold's Gym

**Fee:** \$40/ \$45 nonresident per 4 week session, 3 months for \$100/ \$105 nonresident

A pass from the Recreation Division is needed to enter class.

See page 2 for information on

**RECREATION SCHOLARSHIPS • SHOE FUND • CLASS LOCATIONS**



## SWING INTO GOLF AT COYOTE CREEK

Learn golf's basic fundamentals from Coyote Creek's certified golf instructors. This 5-week program is designed for the beginner to intermediate golfer. This class will cover full swing and short game techniques, course management, rules and etiquette, plus nutritional tips. Program includes 5 one-hour sessions, video analysis of your swing, student manual, range balls and clubs if you need them. Instructors: Don Leone, Director of Instruction; Steve Janish, Head Golf Professional; and Michael Jordan, Assistant Golf Professional.

Class 1: Saturday 6/8-7/13, or 7/20-8/17  
Time: 2:00-3:00pm  
Class 2: Thursday 6/20-7/25 (no class 7/4)  
or 8/1-8/29  
Time: 6:30-7:30pm

Preregister 1 week prior to start of class.

**Fee:** \$95/\$100 nonresident

**Location:** Coyote Creek Golf Course

## FLORAL TECHNIQUES

This class will provide you with tips and techniques to arrange your own floral bouquets, corsages, wrist corsages, boutineers, bridal bouquets and simplistic floral arrangements. You will have the opportunity to practice and take home your own corsage or boutineer. You will save hundreds of dollars by learning how to arrange flowers for a wedding, anniversary, or any special occasion. This workshop will be held at "Roses 4 You" floral shop.

Sunday 6/9 Time: 4:30 - 6:30pm

Preregister by May 31.

**Fee:** \$45/\$50 nonresident

**Material Fee:** \$15, due with registration fee.

**Location:** Roses 4 You, 16500 Railroad Ave., Morgan Hill

## ADULT GOLF

Learn one of the fastest growing sports in America....Golf! During this five week program, golf professional, Scott Krause, will teach golf techniques from putting to the full swing. Instructor: Scott Krause

Sunday 6/17-7/21 Time: 1:00-2:00pm

Preregister 1 week prior to start of class.

**Location:** Eagle Ridge Golf & Country Club

**Fee:** \$60/ \$62 nonresident - Golf clubs will be furnished

## QUICK START BOOT CAMP

Get a jump start on your fitness program. Join the Gold's Gym personal trainers for 60 minutes of cardio, strength training and stretching. Lower your body fat and lose inches.

Class 1: Monday and Wednesday  
6/24-7/17 Time: 5:45-6:45am  
Class 2: Tuesday and Thursday  
6/25-7/18 Time: 5:45-6:45am

Preregister 1 week prior to start of class.

**Location:** Gold's Gym

**Fee:** \$125/ \$130 nonresident per session (8 classes per month) Gold's Gym members receive a \$5 discount.

A pass from the Recreation Division is needed to enter class.

## CIRCUIT TRAINING

Get the most out of your one hour work-out. Learn a complete weight training routine, interspersed with cardiovascular exercise. This class meets twice per week. Register early, class size is limited to 8.

Tuesday- Thursday 6/25 - 7/16 (no class July 4)  
Time: 10:00-11:00am

Preregister 1 week prior to start date.

**Fee:** \$50/\$55nonresident (\$45 for Gold's members)

**Location:** Gold's Gym

A pass from the Recreation Division is needed to enter class.

## ANGELS GALORE CRAFT CLASS

This class will show a variety of crafted angels. You will get 2 ornaments to work on, plus be able to pick 2 or 3 other projects from a flock of angels. Samples include: potpourri angel, several ornaments, stuffed bear angel, an angel banner, decorations, and angel cards and tags.

Class 1: Thursday 7/11 Time: 11:00 - 1:00pm  
Class 2: Thursday 7/25 Time: 6:30 - 8:30pm

Preregister 2 weeks prior to start date.

**Fee:** \$15/\$20 nonresident

**Material fee:** \$15 due with registration fee.

**Location:** MH Civic Center Modular, Villas Conference Room

## HOME COMPOSTING

Discover the benefits of gardening using your own compost. A drawing for a free composting bin is held at each class.

Class 1: Saturday June 15 Time: 10am-12pm  
Class 2: Tuesday July 9 Time: 7pm-9pm  
Class 3: Saturday August 17 Time: 10am-12pm

**Location:** YMCA, 17666 Crest Avenue

**Fee:** No charge

To register for this class, call the Home Composting Educatin Program at (408) 918-4640.

## Coming this Fall NUTRITIONAL WEIGHT MANAGEMENT CLASS W/ DELORES KENT

Lose weight, inches and body fat by learning what is best for your body. During this 6 week class, Delores will teach you how to determine how much protein your body needs daily, what is a complete protein, how to change your body composition, and what foods to eat for high performance. Do all this in a group setting to enhance your accountability and success.

Saturday 9/7, 9/14, 9/21, 10/5, 10/12, & 10/19  
Time: 7:30-8:30am

Preregister 1 week prior to start date .

**Fee:** \$20/\$25 nonresident per class or \$114/\$119 for all six classes

**Where:** Gold's Gym

A pass from the Recreation Division is needed to enter class.



CITY PARKS																	
Park and Location	Developed Park Acres	Undeveloped Park Acres	Total Park Acres	Play Equipment	Samill Picnic Area	Reservable Group Picnic Area	Restrooms	Ball Field	Horse Shoe Pits	Basketball	Volleyball	Handball	Tennis	Soccer	On-Site Parking	LLD Maintenance	
21 Mile Park Diana Ave.																	
Community Park 225 W. Edmundson Ave.	24.28		24.38	◆	◆	◆	◆	4	2				4		◆		
Diana Park Diana Ave.	3.08		3.08	◆	◆					1							
Galvan Park/Friendly Inn Crest Ave.	8.00		8.00	◆	◆		◆	1				1		2			
Howard Weichert Park Via Del Castille	0.90		0.90	◆						1							
Interim BMX Park Butterfield Blvd.	1.00		1.00				◆								◆		
Interim Skate Park Butterfield Blvd.	1.00		1.00				◆								◆		
Jackson Park Trail Dr.	1.30		1.30	◆	◆												
Nordstrom Park Murphy Ave.	4.57		4.57	◆	◆										◆		
Paradise Park LaCrosse Dr.	15.00		15.00	◆				1							◆		
Sanchez Park Sanchez Dr.	0.15	0.26	0.41	◆													

**PARK RESERVATIONS POLICY** To reserve a City Park or Sports Field, request and complete a reservation form at least 10 days prior to the event. A list of parks and the reservation form are available at City Hall or on-line at the City's website at [www.morgan-hill.ca.gov](http://www.morgan-hill.ca.gov). If you want to reserve a park and you have 50 or more people expected, have entertainment, alcohol, food sales or are charging an entry fee, a special events form will need to be completed no later than 60 days before the date of the event.

## RECREATION AND LEISURE RELATED COMMITTEES

### PARKS AND RECREATION COMMISSION

Meets monthly to make recommendations regarding the planning and development of parks, recreation and leisure facilities and recreation programs. Meetings are held on the third Tuesday of each month at 7:30pm in City Hall Council Chambers.

### SENIOR ADVISORY COMMITTEE

Meets monthly to work on matters pertaining to older adult issues within the community, which includes the senior center, and advises the Parks and Recreation Commission on those issues. Meetings are held on the first Tuesday of each month at 2:00pm in City Hall Council Chambers.

### YOUTH ADVISORY COMMITTEE

Meets monthly to work on matters pertaining to youth issues within the community, which include the skate park

and BMX park. The committee advises the Park and Recreation Commission on those issues. Meetings are held the first Monday of each month at 5pm in City Hall Council Chambers.

### BICYCLE ADVISORY COMMITTEE

Meets monthly to work on Bikeways Master Plan and other issues dealing with bikes as transportation. Meets the third Monday of each month at 6:15pm in City Hall Council Chambers.

### LIBRARY COMMISSION

Serves as liaison with the County Library. Meets monthly to advise on the adequacy of library services and to plan the new library to be located behind City Hall. Meets the first Monday of each month at approximately 7:00pm in City Hall Council Chambers.



# *REGISTRATION FORM*

# LOOK WHAT'S NEW

WATER COLORS page 5



ANGEL CRAFTS page 13



ART IN THE PARK page 5



KICKBOXING page 7



and more.



K.I.S.S. page 7

## REGISTER ON-LINE

SEE PAGE 2 FOR DETAILS



City of Morgan Hill  
Recreation Division  
17555 Peak Avenue  
Morgan Hill, CA 95037

PRST STD  
U.S. POSTAGE  
PAID  
MORGAN HILL, CA  
PERMIT NO. 20

ECRWSS

RESIDENTIAL CUSTOMER  
MORGAN HILL, CA

You can access Recreation information through the link on the City of Morgan Hill's website.  
[www.morgan-hill.ca.gov/recclasses.htm](http://www.morgan-hill.ca.gov/recclasses.htm)